

Plan to Memorize Psalm 1

Day One: Read Psalm 1:1 out loud ten times, looking at each word as if photographing it with your eyes. Then cover the verse and recite it ten times. You're done for the day.

Day Two: Monday's verse first! Recite yesterday's verse, Psalm 1:1 ten times. Look at the verse if you need to, just to refresh your memory. Next, do the new verse. Read Psalm 1:2 out loud ten times, looking at each word as if photographing it with your eyes. Then cover the page and recite that verse ten times. You're done for the day.

Day Three: Tuesday's verse first. Recite Psalm 1:2 ten times. Look at the verse to refresh your memory as needed. Old verses next, altogether: Recite Psalm 1:1-2 together one time. On to the new verse, read Psalm 1:3 out loud ten times, looking at each word as if photographing it with your eyes. Cover the page and recite Psalm 1:3 ten times. You're done for the day.

Day four: Yesterday's verse first. Recite Psalm 1:3 ten times. Look at the verse only to refresh your memory. Old verses next: Recite Psalm 1:1-3 together one time. Now, do the new verse. Read Psalm 1:4 out loud ten times looking at each word as if photographing it with your eyes. Cover the page and recite Psalm 1:4 ten times. You're done for the day

Day Five: Yesterday's verse first. Recite Psalm 1:4 ten times. Look at the verse only to refresh your memory. Old verses next: Recite Psalm 1:1-4 together one time. Now, do the new verse. Read Psalm 1:5 out loud ten times looking at each word as if photographing it with your eyes. Cover the page and recite Psalm 1:5 ten times. You're done for the day

Day Six: Yesterday's verse first. Recite Psalm 1:5 ten times. Look at the verse only to refresh your memory. Old verses next: Recite Psalm 1:1-5 together one time. Now, do the new verse. Read Psalm 1:6 out loud ten times looking at each word as if photographing it with your eyes. Cover the page and recite Psalm 1:6 ten times. You're done for the day

¹ How blessed is the man who does not walk in the counsel of the wicked, Nor stand in the path of sinners, Nor sit in the seat of scoffers!

² But his delight is in the law of the LORD, And in His law he meditates day and night.

³ He will be like a tree *firmly* planted by streams of water, Which yields its fruit in its season And its leaf does not wither; And in whatever he does, he prospers.

⁴ The wicked are not so, But they are like chaff which the wind drives away.

⁵ Therefore the wicked will not stand in the judgment, Nor sinners in the assembly of the righteous.

⁶ For the LORD knows the way of the righteous, But the way of the wicked will perish. Psalms 1:1-6 (NASB)

Day Seven: Yesterday's verse first. Recite Psalm 1:6 ten times. Look at the verse only to refresh your memory. Old verses next: Recite Psalm 1:1-6 together one time. You're done for the day. Psalm 1 should now be in your memory forever. Check yourself on it from time to time.

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