

## The Days Ahead-What to Expect and How to Prepare

### Proactive Measures in the Event of a Pandemic

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#### 5000 Mild Silver Protein (M.S.P.) Suggested Therapeutic Dosing Guidelines

1tsp.-1tbsp. for every 30 lbs. of bodyweight per day, if you have been exposed or if you have a virulent virus/Pandemic. The 1 tbsp. dosage would be used for life threatening situations. This dosage should be equally broken up and taken in 3 hour intervals. Stay at home and avoid contact with the populace till the outbreak passes. If taking the M.S.P. drink at least 8, eight ounce glasses of purified water per day. M.S.P. can be used topically with DMSO over an infectious site. Because the 5000 PPM M.S.P. is only available in 4 ounce bottles it would be wise to keep at least a few bottles for each adult family member and 1-2 for each child in your household. View this like an insurance policy that hopefully you will never have to use. Even if you don't use this product in the event of a pandemic, it can be diluted and taken on an everyday basis to keep the immune system strong.

For more information or to purchase go to: [www.dr-johnson.com](http://www.dr-johnson.com) or email: [drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)

\*\*For Dr. Johnson's Online Mild Silver Protein Health Report go to: [www.freemarketnews.com/Analysis/112/3680/2006-02-06.asp?wid=112&nid=3680](http://www.freemarketnews.com/Analysis/112/3680/2006-02-06.asp?wid=112&nid=3680)

Helpful Colloidal Silver/Mild Silver Protein Desk Reference Guide for Specific Health Problems for those who are seeking help regarding specific diseases, maladies and health problems you can go to: [www.dr-johnson.com](http://www.dr-johnson.com) and then click on: "(Doctor's Desk Reference)" at the top of the website. The maladies and diseases are in alphabetical order with specific instructions relating to each problem.

From the early 1900's to 1938 doctors would prescribe silver as a cure for various ailments. Now doctors in the 21st Century avoid it. What changed in 1938? FMNN Investigator eRadio guest, Dr. Scott Johnson gives the history and much more. Also learn why 95% of what is being sold as "Colloidal Silver" is actually "Ionic Silver" with very little therapeutic properties. Click the link for the interview: <http://72.3.247.199/!User/42/streams/832/Johnson122806a.mp3>

*The March 1978 issue of Science Digest, in an article, 'Our Mightiest Germ Fighter,' reported: . . . "An antibiotic kills perhaps a half-dozen different disease organisms, but silver kills some 650. Resistant strains fail to develop."  
"Colloidal Silver . . . killed every virus that was tested in the lab,"  
UCLA Medical Center.*

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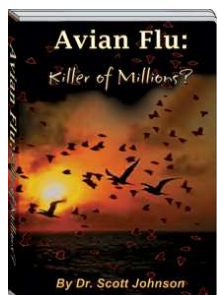
The Truth About Mild Silver Protein/M.S.P: "Rebuttals of Promoters' Misinformation": [http://invive.com/Rebuttals\\_new.html](http://invive.com/Rebuttals_new.html)  
Actual M.S.P. Scientific/Medical Studies: [www.xpressnet.com/bhealthy/bhealthy.html#HIVLET](http://www.xpressnet.com/bhealthy/bhealthy.html#HIVLET)

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**Dr. Johnson's Comment:** Invive Mild Silver Protein is made under Pharmaceutical GMP (Good Manufacturing Practices) with double check off lists. The silver that is used is the finest available and is the same silver used in the 1938 Edition, 12th Volume of the British Encyclopedia of Medical Practice: Royal College of Physicians and Surgeons. The Compounds used to make this silver are identical as the silver compounds used in burn wards across America. As a result they can achieve uniform particle size between (.005 and .015 microns) which is something most companies have a very hard time doing. Now this particle size is much smaller than a bacterium which are approximately .5 microns. Therefore Invive silver particles can go wherever the bacteria are "because" the Invive particles are 100 times "smaller" than a bacteria, as Invive's smallest particles start at 005.

**Today's modern antibiotics kill over 100,000 Americans per year, and cause horrendous liver and kidney damage, failure, and death, whereas the pre-1938 Mild Silver Protein formulation has never caused one death nor produced one case of Argyria (turning grey). In fact you have a greater chance of being struck by lightning, than developing Argyria (graying of the skin).**

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**Dr. Johnson Online Videos:**

**Video YouTube Presentation--Colloidal Silver-Mild Silver Protein Part (1 of 4):** Colloidal Silver-Mild Silver Protein it's uses and history. The Truth About Electrically Produced Liquid Silver & Silver Generators--Learn the Difference Between Ionic Silver and True, Colloidal/Particulate Silver **Watch All 4 Parts:**

<http://www.youtube.com/watch?v=lcE5QmLYP08&feature=Playlist&p=F54925852F0149E9&index=0&playnext=1>

Invive Mild Silver Protein: The Ultimate Immune System Product For Colds, Flu's and Infections: [www.dr-johnson.com](http://www.dr-johnson.com)

**Video YouTube Presentation-- Population Control, Pandemics, Avian H5N1, Biological Warfare & Colloidal Silver What to Expect and How to Prepare (Watch Parts 1-5):** <http://www.youtube.com/watch?v=cG2uGiXfWm&feature=Playlist&p=6AFC257BA3218314&index=0&playnext=1>

**Video YouTube version of Dr. Johnson's: Avian Bird Flu & Pestilence: The Days Ahead-What to Expect and How to Prepare is at (Watch Parts 1-16):**

<http://www.youtube.com/watch?v=exev8Q3F5bl&feature=Playlist&p=816312C85861B606&index=0&playnext=1>

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**View all of Dr. Johnson's Online Video Presentations in 'Playlist' Succession **Dr. Johnson****  
**YouTube Website: <http://www.youtube.com/av16117777>**

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Email or to Subscribe to Dr. Johnson's Free Email Newsletter list (There is a Christian and Health oriented newsletter, so please indicate which one/ones you would like to be added onto) : [drjohnson@ix.netcom.com](mailto:drjohnson@ix.netcom.com)

**Dr. Johnson's Sermon Audio Website:** [www.sermonaudio.com/drscottjohnson](http://www.sermonaudio.com/drscottjohnson)

**Free Gift:** <http://www.sermonaudio.com/sermoninfo.asp?SID=2600222502>

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### **Further Proactive Measures**

**North American Herb and Spice-Super Strength Oregonol P73** To Order Go to: [www.p-73.com](http://www.p-73.com) or call 800-243-5242 Clinical Data: [www.p-73.com/pdf/avian2.pdf](http://www.p-73.com/pdf/avian2.pdf)

**Invest in a "personal nebulizer"** as the M.S.P. can be put into this devise and atomized into the lungs and nasal passages. Use **100ppm** Mild Silver Protein strength for nebulizer use. <http://www.semedicalsupply.com/nebulizers.htm> Phone: 803-233-3691

**intraMAX by Drucker Labs:** 415 Organic Nutrient Complexes All In One Liquid Formulation Supplies the immune system boosting components of vitamin C, vitamin E, selenium and zinc to name a few. In order to purchase IntraMAX you have to be referred by a health care professional. **For More Information Click Here:** [http://store.druckerlabs.com/intraMAXinfo\\_s/117.htm](http://store.druckerlabs.com/intraMAXinfo_s/117.htm) **\*\*In order to purchase IntraMAX you have to be referred by a health care professional. So just use the Professional Referral/Ordering Code: 800** Questions or to order? Call Customer Service toll free at: 888-881-2344 or go to:

<http://store.druckerlabs.com/v/PatientRegistration.aspx>

**Indoor Air Quality "Way Healthier"/"Airwise" Air Purifiers:** Unites four of the most accepted and powerful methods for destroying (not just filtering) contaminants. 1)UV-3 Germicidal Lamps 2) Purifying Hydroxyl Radicals 3) Negative Ions 4)Photo-ionization

[www.mercola.com/forms/air\\_purifiers.htm](http://www.mercola.com/forms/air_purifiers.htm)

**Gas Mask Recommendations:** Invest in gas masks for each member of your household. But remember the gas mask is only as good as the seal to your skin, so don't put all you eggs in this basket. SGE 150 Protective Mask at: 1-877-AGM-1010

[www.approvedgasmasks.com/sge150.htm](http://www.approvedgasmasks.com/sge150.htm)

### **Survivor Mall-Affordable Children & Adult Terror Survival Kits**

Includes Gas Mask, Cartridge, Potassium Iodide, Survival Manual, Haversack.... don't be surprised by the low cost, these are high-quality gas masks, designed to protect from nuclear, biological and chemical (NBC) agents.... also includes cartridge, films, potassium iodide, military biological & chemical warfare survival manual, haversack,...

<http://www.survivormall.com/index.asp?PageAction=VIEWCATS&Category=26>



[FutureQuake Interviews SurvivorMall.com CEO on Emergency Preparedness #1](http://www.ahrimangate.com/FQShow83Hr1.mp3) Go to:

<https://www.ahrimangate.com/FQShow83Hr1.mp3>



[FutureQuake Interviews SurvivorMall.com CEO on Emergency Preparedness #2](http://www.ahrimangate.com/FQShow83Hr2.mp3) Go to:

<https://www.ahrimangate.com/FQShow83Hr2.mp3>

**Free Emergency Books & Guides From Survivor Mall:**

**Very comprehensive & covers virtually all the bases:** <http://www.ahrimangate.com/freePDFpage.htm>

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**Book--Dare To Prepare:** [http://standeyo.com/Our\\_Books/DTP.html](http://standeyo.com/Our_Books/DTP.html)

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**Book--Strategic Relocation: North American Guide to Safe Places** is an in-depth analysis of North America's safest places to live. This book will help you look ahead for potential threats that most other people fail to see or choose to ignore. It contains a complete discussion of the strategies and relocation contingencies that will help you avoid or mitigate each of the major modern threats, from

national disasters to economic collapse to nuclear war. <http://www.joelskousen.com/Strategic/strategic.html>

**Book--Prudent Places USA:** [http://standeyo.com/Our\\_Books/PPusa/MAPS/Index.1.html](http://standeyo.com/Our_Books/PPusa/MAPS/Index.1.html)  
[http://standeyo.com/Our\\_Books/PPusa/MAPS/Index.1.html](http://standeyo.com/Our_Books/PPusa/MAPS/Index.1.html)  
<http://www.standeyo-cart.com/ProductDetails.asp?ProductCode=PPUSA>

To Order:

## 101 EMERGENCY PREPAREDNESS 101

### The Top 5 Priorities of Emergency Preparedness - #1 MAKE A PLAN

Sometimes it is hard to know where to start with your emergency supplies. If you aren't careful, you can end up spending a lot of time, energy and money on items and in areas that really won't help you and your family be prepared. Because there is a lot of information to cover in how set your "Emergency Preparedness Priorities", I am going to break this out into a few different categories, over a period of a few days. I will also be posting this instructional series on our blog at [www.thereadystore.com](http://www.thereadystore.com). Here are the main categories I want to discuss:

1. **Make a Plan.** Review, Rotate, Replace. Make adjustments for family size, age and local community needs. Consider evacuation, communication and staying put.
2. **Gather Grab and Go Supplies.** [72 hour kits](#), [MREs](#), [food bars](#), [water pouches](#), [water purification](#), [first-aid](#), storage.
3. **Gather Shelter in Place Supplies.** [Radios](#), [flashlights](#), [first-aid](#), [sanitation & hygiene](#), [warmth & shelter](#), storage.
4. **Clean Water.** [Water storage](#), [barrels](#), [filters](#), storage.
5. **Shelf Stable Food.** Items in pantry, short term and [long term food storage](#) items.

#### Priority #1: Make a plan

Sometimes when people begin to think of their emergency supplies it is when something has caused them to be afraid or very concerned. Many times individuals, families and even communities don't put a lot of thought into emergency planning until it after a disaster has struck. That is, of course, the worst time to think about it. At that point, you are at somebody else's mercy.

Your first priority in getting prepared and gathering emergency supplies is to make a plan. This is a critical step because it helps you organize in your mind what you want to accomplish and how you are going to get there. Having a plan will minimize your mistakes and will help you include the right items for the right prices. Here are some ideas in formulating your emergency preparedness plan:

1. **Gather information** – go to trusted sources for information on what to include in your plan and how to do it. There are many websites and books available. Here are some national websites to consider: [www.Ready.gov](http://www.Ready.gov), [www.FEMA.gov](http://www.FEMA.gov), [www.redcross.org](http://www.redcross.org). Also, go to your city, county and state emergency planning websites. That information will be extremely helpful.
2. **Write it down** – It is very important to write down your emergency plan and keep it in a place that allows you to review it regularly.
3. **Make a list of all your items (include expiration dates if possible)** – Your emergency plan should include a list of all the items that you have stored. If possible include where they are stored and their expiration dates (if applicable). This will help you follow the principle of Review, Rotate, Replace.
4. **Family communication plan** – Make sure you include emergency contact information, an out of state contact as well as local contacts and meeting locations in case of disaster. Also, include evacuation routes out of the house and your community.
5. **Important Documents** – Make copies of important documents, like insurance policies, birth certificates, social security cards and wills. Keep those documents with your plan in a water tight container.
6. **Product Instructions and Emergency Instructions** – As you do your information gathering in step one, print out copies of important emergency instructions. You may want to keep a survival book on hand to give valuable information. Also, remember to include a product instructions that might be helpful as well.
7. **Consider Grab and Go vs. Shelter in Place** – Make a plan to evacuate (grab and go) as well as to shelter in place. Include how you will do it, where you will go, what you will include in these supplies and where they will be stored.
8. **Make a plan for water** – Make sure you know where to get clean water, how to clean water and where it will be stored.